



July 2025

ZRPATH

Issue 07

What We Offer

YOUTH ENRICHMENT SERVICES

This temporary community-based resource provides caregivers with a much needed break from the everyday challenges and stress they encounter.

LIFE SUCCESS

This program provides services to youth between the ages of 5-17 and emphasizes the strengths, interests and talents of each youth involved.

IN-SCHOOL SERVICES

These services aim to create a safe and healthy learning environment that meets the unique needs of every student. These services include life skills, student success and counseling.

COUNSELING

These services focus on addressing a wide range of trauma-related symptoms, including anxiety, post-traumatic stress disorder (PTSD), anger, effects of abuse, and depression.

Reminder

Keep all documentation up to date to prevent disruptions in services. Please reach out to your Care Specialist.

Invite your Care Specialist to CFT Meetings with other agencies.



We are deeply honored to have received an award from Advance U in recognition of our love and dedication to Advance U Elementary during the 2024–2025 school year. It's incredibly meaningful to be acknowledged as a trusted partner, and we're grateful for the opportunity to support such an inspiring school community. Our collaboration has been a true labor of love, and we're proud to know our efforts have made a lasting difference in the lives of students, staff, and families at Advance U Elementary.

Follow Us



JULY



YOUTH ENRICHMENT SERVICES HAPPENING EVERY WEEKEND OF JULY

Friday 5pm - Sunday 2pm
Saturday 9am - 6pm (Day Only)
Sunday 9am - 4pm (Day Only)

ZRPATH CLOSED JULY 4TH
Independence Day



YOUTH ENRICHMENT SUMMER PROGRAM LAST DAY JULY 24TH

Monday - Thursday 9am - 4pm



AUGUST



YOUTH ENRICHMENT SERVICES HAPPENING EVERY WEEKEND OF AUGUST

Friday 5pm - Sunday 2pm
Saturday 9am - 6pm (Day Only)
Sunday 9am - 4pm (Day Only)

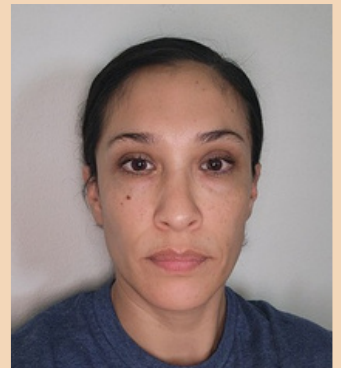
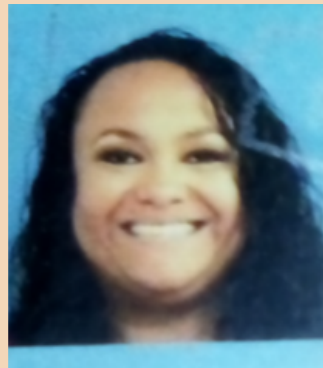
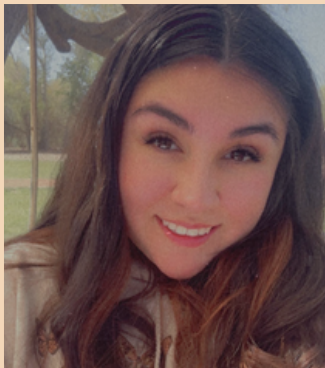


Let's Meet the Yuma Teams

Introduction to the Yuma Life Success Team and Yuma Youth Enrichment Team

The Yuma Life Success Team delivers the Zrpath Life Skills program, supporting youth ages 5–17 in developing essential life skills. Based on proven models from Teen Challenge and Casey Family Programs, the curriculum focuses on areas such as education, financial literacy, healthy choices, social skills, character building, and community involvement. Facilitators use modeling and positive reinforcement to build on each youth's strengths and promote long-term success.

The Yuma Youth Enrichment Team provides planned and unplanned respite care, giving caregivers a needed break and helping prevent crisis situations. These services offer a safe, culturally responsive, and therapeutic environment where youth can reset and families can stabilize. Together, both teams work to strengthen and support the youth and families of Yuma.



Top Row: Breanna W (LSS Supervisor), Mariana G (LSS), Dana D (LSS), Kristen B (LSS)
Middle Row: Kaylah E (LSS), Sadie L (YES Supervisor), Corri P (YES), Concepcion O (YES)
Bottom Row: Maria J (YES), Vanessa H (YES), Aliyah S (YES), Kelsi C (YES)
Not Pictured: Shankea H (YES), Ileen L (YES), Beatrix R (LSS)

CHARACTER QUALITIES

JOYFULNESS

“Joy Jars”

Activity: Each child decorates a small jar and fills it with slips of paper describing things that bring them joy (e.g., playing with friends, favorite foods, songs, kind acts).

Objective: Kids learn to recognize and celebrate joyful moments in everyday life.

Discussion Prompt: “How can we help others feel joyful too?”

FAIRNESS

“Equal Share Picnic”

Activity: Give kids a limited number of treats or snacks and challenge them to divide them fairly among the group.

Objective: Encourages empathy, negotiation, and understanding of fairness.

Discussion Prompt: “What makes something fair or unfair?”

TRUTHFULNESS

“Truth or Tale?”

Activity: Read or tell short stories—some true, some made-up. Kids guess which ones are true and discuss how they knew.

Objective: Helps children understand the value of honesty and how truth builds trust.

Discussion Prompt: “Why is it important to tell the truth, even when it’s hard?”

DEPENDABILITY

“Team Trust Challenge”

Activity: In small teams, kids complete a task (like a relay race or puzzle), where each person must rely on the next to finish.

Objective: Shows how being reliable helps the whole group succeed.

Discussion Prompt: “How does it feel when someone keeps their promise to you?”

RECIPE



INGREDIENTS:

3/4 cup warm water
2 1/2 tsp. light brown sugar
1 1/4 tsp. active dry yeast
2 1/2 cups bread flour, divided
1 1/4 tsp. kosher salt
1 1/2 Tbsp. unsalted butter,
melted and slightly cooled
8 bun-size beef hot dogs
1/4 cup baking soda
1 large egg, lightly beaten
1 Tbsp. sesame seeds
Ketchup and mustard, to serve

DIRECTIONS:

1. Make the Dough:

Mix warm water, brown sugar, and yeast in a small bowl. Let sit until foamy (5 min). In a stand mixer, combine the yeast mix, 2 1/4 cups flour, salt, and butter. Mix on low for 2 min. Switch to dough hook and knead on low until smooth (5–7 min). Add more flour if sticky. Place dough in a greased bowl, cover, and let rise in a warm spot until doubled (1 hour).

2. Shape the Dough: Line 2 baking sheets with parchment and spray with cooking spray. Turn dough onto a floured surface. Divide into 8 pieces. Flatten each piece into a rectangle, roll into a 14-inch rope, and wrap around a hot dog. Place on baking sheets. Cover and let rise for 25–30 minutes.

3. Boil the Pretzels: Preheat oven to 425°F. Place racks in upper and lower thirds. Boil 4 cups water in a large pot, add baking soda (it will fizz). Boil each dough-wrapped hot dog for 30 sec, flipping halfway. Return to baking sheets.

4. Bake: Brush with beaten egg and sprinkle with sesame seeds.

Bake 12–15 min, switching trays halfway, until golden brown. Serve warm with ketchup and mustard.



OF WATER SAFETY

A is for Active Adult Supervision

Keep continuous, active, and direct line-of-sight supervision by a designated, responsible adult.

B is for Barriers

Place physical barriers between your home and swimming pool or spa such as a fence with a self-closing and self-latching gate that opens outward. Use multiple layers of protection including gate/door alarms and safety covers.

C is for Classes

Sign up for swimming lessons and CPR/AED/First Aid classes and learn what to do to prevent and in response to an emergency.

DROWNING IS SILENT

Drowning is the leading cause of accidental death for children under the age of 5 and can happen in as little as two inches of water.



Fireworks Safety

Light up the night. And, stay safe.

Whether you like to light a sparkler or two or plan the most eye-catching display in your neighborhood, here are a few quick tips to keep in mind before you start the show.

Keep it legal.

The majority of injuries sustained from fireworks result from illegal fireworks. Buy only legal fireworks. Looking for a quick way to tell what's legal? Avoid fireworks packaged in brown paper. (That's usually an indication that those particular fireworks were made for professional displays and not intended for consumers.)

Keep water close.

Always have a bucket of water nearby in case of an emergency. As an extra precaution, douse burned fireworks with water before discarding them in the trash.

Keep away.

Once you've lit the fuse, back up immediately and maintain a safe distance. What if one of your fireworks doesn't do what it's supposed to do? Douse it with water. Do not attempt to retrieve or reignite a fireworks device that did not light properly.

