



## What We Offer

### YOUTH ENRICHMENT SERVICES

This temporary community-based resource provides caregivers with a much needed break from the everyday challenges and stress they encounter.

### LIFE SUCCESS

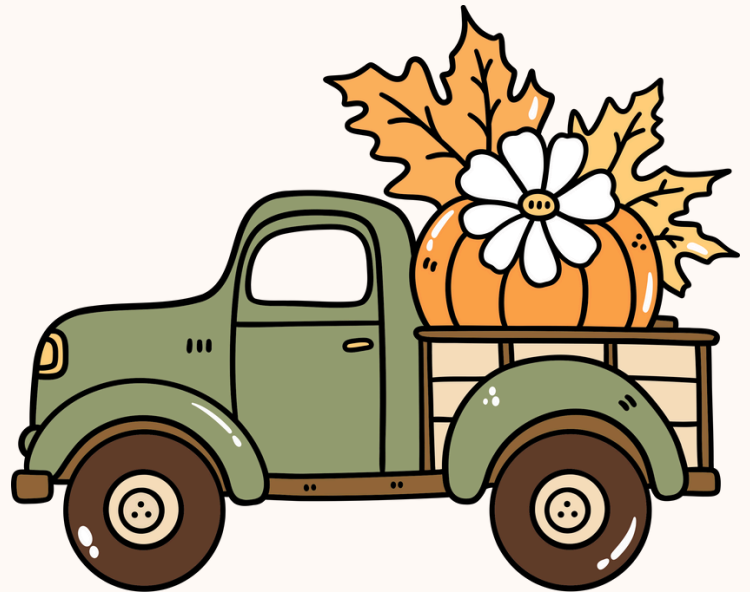
This program provides services to youth between the ages of 5-17 and emphasizes the strengths, interests and talents of each youth involved.

### IN-SCHOOL SERVICES

These services aim to create a safe and healthy learning environment that meets the unique needs of every student. These services include life skills, student success and counseling.

### COUNSELING

These services focus on addressing a wide range of trauma-related symptoms, including anxiety, post-traumatic stress disorder (PTSD), anger, effects of abuse, and depression.



## Reminders

**Keep all documentation up to date to prevent disruptions in services. Please reach out to your Care Specialist.**

**Invite your Care Specialist to CFT Meetings with other agencies.**

## Follow Us



# NOVEMBER



## YOUTH ENRICHMENT SERVICES HAPPENING EVERY WEEKEND OF NOVEMBER

Friday 5pm - Sunday 2pm

Saturday 9am - 6pm (Day Only)

Sunday 9am - 4pm (Day Only)

## ZRPATH OFFICE CLOSED NOVEMBER 11

Veteran's Day



## ZRPATH OFFICE CLOSED NOVEMBER 27

Thanksgiving Day



# DECEMBER



## YOUTH ENRICHMENT SERVICES HAPPENING EVERY WEEKEND OF DECEMBER

Friday 5pm - Sunday 2pm

Saturday 9am - 6pm (Day Only)

Sunday 9am - 4pm (Day Only)

## YOUTH ENRICHMENT SERVICES CLOSED DECEMBER 26-28

In Observation of Christmas



## ZRPATH OFFICE CLOSED DECEMBER 24-25

Christmas Eve and Christmas Day



# Let's Meet the School Success Team

The School Success Team is dedicated to supporting the academic, social, emotional, and physical development of students within the school environment. Through our in-school programs and resources, we strive to create a safe, healthy, and inclusive learning space that meets the unique needs of every student.

Students work one-on-one with a School Success Specialist to identify areas of need and build the skills necessary for success—both in the classroom and beyond. In addition to school-based support, students may also access a range of community and outpatient services, including life skills development, counseling, respite care, and family support.



Top Row: Karisa, Deshon, Ernest  
Bottom Row: Wilmer, Liz, Dylan

# CHARACTER QUALITIES

## GRATEFULNESS

### Gratitude Tree

- Cut out paper leaves (or use sticky notes).
- Each day or week, ask kids to write or draw one thing they're grateful for on a leaf.
- Tape the leaves to a "tree" made from paper or branches in a vase.

## GENEROSITY

### Kindness Challenge Jar

- Write small acts of giving on slips of paper (e.g., "Make a card for a friend," "Donate a toy," "Help someone with a chore").
- Each child picks one to complete that day or week.

## FORGIVENESS

### Let It Go Balloons

- Ask kids to think of a time they felt hurt or upset.
- Write or draw that feeling on a small piece of paper.
- Talk briefly about what it means to forgive — letting go of anger to feel free again.
- Crumple the paper and throw it away

## COURAGE

### Bravery Badges

- Give kids blank paper circles or stickers to make their own "Bravery Badges."
- Each time they try something new or face a fear (big or small), they decorate a badge and add it to a "Courage Chart."

# PUMPKIN DUMP CAKE



## INGREDIENTS:

- 1 (29 ounce) can pumpkin puree
- 1 (12 fluid ounce) can evaporated milk
- 3 large eggs
- ½ cup packed brown sugar
- ½ cup white sugar
- 1 teaspoon ground cinnamon
- ½ teaspoon ground ginger
- ¼ teaspoon ground cloves
- ½ teaspoon salt
- 1 (15.25 ounce) package spice cake mix
- ½ cup coarsely chopped pecans
- ½ cup melted butter

## DIRECTIONS:

1. Gather the ingredients. Preheat the oven to 350 degrees F (175 degrees C). Grease a 9x13-inch pan.
2. Combine pumpkin, evaporated milk, eggs, and both sugars in a large bowl. Stir in cinnamon, ginger, cloves, and salt. Pour into the prepared pan. Sprinkle dry cake mix evenly over pumpkin filling. Sprinkle pecans over cake mix. Drizzle melted butter over the top.
3. Bake in the preheated oven until the edges are lightly browned, about 50 to 60 minutes. Allow to cool.



# MOVIE IN THE PARK

## Arizona Boardwalk

9500 East Via de Ventura  
Suite E-100  
Scottsdale, AZ 85256



November 22<sup>nd</sup>

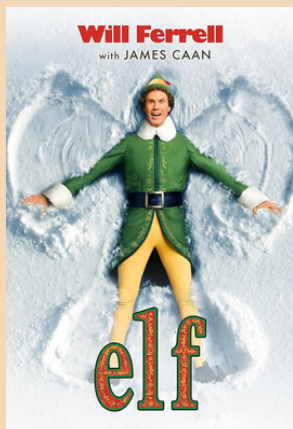
Come experience “Movies at the Boardwalk,” a free family event with music, games, and tons of prizes beginning at 5:00 pm. The movie will begin at 6:30pm. There are plenty of options to grab a bite before the movie in the courtyard.

## Superstition Shadows Park

1091 W Southern Ave  
Apache Junction, AZ 85119

November 8th

Movie will start at 6:00pm. There will be activities before the movie begins. Bring a blanket or chair.



## Oro Valley Community & Rec Center

10555 N La Canada Dr  
Oro Valley, AZ 85737

December 6th

Movie will start at 6:00pm.  
Bring a blanket or chair.