

## BIRTH TO 5 RESPITE CARE

Provides a regular break from the stress that many families experience.

Respite Care has been clinically proven to help families reach their service plan goals.



## OUR SERVICE PRINCIPLES

Zarephath believes collaboration with the child and family team is imperative to creating functional outcomes.

Zarephath fosters community enrichment and engagement, truly integrating the family into the community, promoting independence, self-sufficiency and lasting natural supports.

Zarephath utilizes Best Practices and evidence-based programs that are delivered in a culturally relevant manner.

# ZAREPHATH

## BIRTH TO 5 RESPITE CARE SERVICES



Zarephath's ultimate goal is to create lasting health, stability and independence for the families we serve.

### PLANNED RESPITE

Brings down stress levels in the home and helps maintain the child's community-based placement.

### QUESTIONS / REFERRALS

855.810.2484  
855.771.1332 f  
[info@zrpath.com](mailto:info@zrpath.com)  
[www.zrpath.com](http://www.zrpath.com)

## SERVING YOU AND THE COMMUNITY

### IMMEDIATE UNPLANNED RESPITE

Provides families and case workers a temporary community-based placement option to face the unexpected.



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# WHAT IS RESPITE CARE?

## ZAREPHATH BIRTH TO 5 RESPITE OFFERS

# RESPITE BENEFITS

Respite Care is a temporary community based placement for children that is designed to bring regular relief to the entire family.

### WHO IS ELIGIBLE?

The Zarephath respite program is available to all Title XIX & XXI children and families whose assessment and service plan indicates respite care services as a need to address emotional and behavioral concerns.

*(Based on clinical need determined by the Child and Family Team)*

- Safety First
- Professional Staff
- Home Environment
- Individualized Care
- Nutritious Meals & Dietary Accommodations
- Creative Activities
- Interactive Play
- Age-Appropriate Fun
- Planned and Unplanned Stays
- Providing Enhanced Support for Families

Zarephath staff use age appropriate toys and activities to facilitate interactive play actively engaging children in our care. Zarephath's high staff-to-client ratio ensures individualized care, schedule accommodations, diet and other unique needs to ensure the safety and well-being of each individual child.



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### TO GET STARTED:

Talk with your Case Manager and Child & Family Team to determine if Zarephath Respite Care Services are an appropriate choice for your child and family.

### Relaxation -

Respite provides families peace of mind & relaxation.

### Enjoyment -

Respite allows families time to enjoy favorite pastimes.

### Stability -

Respite allows families more stability to handle daily stress.

### Preservation -

Respite helps preserve the family unit.

### Involvement -

Respite encourages family involvement in the community.

### Time off -

Respite allows families to take a needed break.

### Enrichment -

Respite makes it possible for family enrichment to occur.

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Title XIX & XXI services are funded under a contract between AHCCCS and ADHS.